



SWIMMING CLASS

游泳班

SWIMMING TEAM

泳隊訓練

2020

SUMMER 暑期班

DIK WING



Tung Chung Swimming Pool
東涌游泳池

Mon / Wed - Sun
星期一 / 三至日

HKASA registered
香港業餘游泳總會註冊屬會
Professional team training
專業泳隊訓練
Swimming class ratio 1: 3-4
泳班小班教學

Teach by experienced & qualified coach
由經驗豐富及合資格教練授教

Swimmer Award - HK age group record (50 backstroke)
香港分齡賽記錄保持者 (50米背泳)



REGISTRATION 報名方法
whats app / call

Coach Yang 楊sir -9040 3204
Miss Lorraine 欣欣姐姐 - 9388 6622

July and August Summer Swimming Class Schedule
7-8月暑期泳班時間表

月份	班號	星期	日期	班別	時間	堂數	價錢	20/6前付款
第一期 Phase 1	STC101	週一、週四 Mon & Thur	2/7, 6/7, 9/7, 13/7, 16/7, 20/7, 23/7, 27/7	幼兒班/初班 Toddler/Beginner/	0900~1000	8	HK\$880.00	HK\$792.00
	STC102			幼兒班/初班 Toddler/Beginner/	1000~1100			
	STC103			幼兒班/初班 Toddler/Beginner/	1100~1200			
	STC104			初班/中班 Beginner/ Intermediate	1400~1500			
	STC105			初班/中班 Beginner/ Intermediate	1500~1600			
	STC106			初班/中班 Beginner/ Intermediate	1600~1700			
	STC107			初班/中班 Beginner/ Intermediate	1700~1800			
	STC108			幼兒班/初班/中班 Toddler/Beginner/ Intermediate (專線)	1800~1900			
	STC201			週三、週五 Wed & Fri	3/7, 8/7, 10/7, 15/7, 17/7, 22/7, 24/7, 29/7			
	STC202	幼兒班/初班 Toddler/Beginner/	1000~1100					
	STC203	幼兒班/初班 Toddler/Beginner/	1100~1200					
	STC204	初班/中班 Beginner/ Intermediate	1400~1500					
	STC205	初班/中班 Beginner/ Intermediate	1500~1600					
	STC206	初班/中班 Beginner/ Intermediate	1600~1700					
	STC207	初班/中班 Beginner/ Intermediate	1700~1800					
	STC208	幼兒班/初班/中班 Toddler/Beginner/ Intermediate (專線)	1800~1900					
	STC601	週六 Sat	4/7, 11/7, 18/7, 25/7, 1/8, 8/8, 15/8, 22/8	幼兒班/初班/中班 Toddler/Beginner/ Intermediate (專線)	0900~1000	8	HK\$880.00	HK\$792.00
	STC602			幼兒班/初班/中班 Toddler/Beginner/ Intermediate (專線)	1000~1100			
	STC603			幼兒班/初班/中班 Toddler/Beginner/ Intermediate (專線)	1100~1200			
	STC604			初班/中班 Beginner/ Intermediate	1400~1500			
	STC605			初班/中班 Beginner/ Intermediate	1500~1600			
	STC606			初班/中班 Beginner/ Intermediate	1600~1700			
	STC607			初班/中班 Beginner/ Intermediate	1700~1800			
	STC608			幼兒班/初班/中班 Toddler/Beginner/ Intermediate (專線)	1830~1930			
	4TC701	週日 Sun	5/7, 12/7, 19/7, 26/7, 2/8, 9/8, 16/8, 23/8	幼兒班/初班/中班 Toddler/Beginner/ Intermediate	0940~1040	8	HK\$880.00	HK\$792.00
	4TC702			幼兒班/初班/中班 Toddler/Beginner/ Intermediate	1145~1245			
	4TC703			初班/中班 Beginner/ Intermediate	1200~1300			
	4TC704			初班/中班 Beginner/ Intermediate	1400~1500			
4TC705	初班/中班 Beginner/ Intermediate			1500~1600				
4TC706	初班/中班 Beginner/ Intermediate			1600~1700				

July and August Summer Swimming Class Schedule
7-8月暑期泳班時間表

第二期 Phase 2	2STC101	週一、週四 Mon & Thur	3/8, 6/8, 10/8, 13/8, 17/8, 20/8, 24/8, 27/8	初班/中班 Beginner/ Intermediate	0900~1000	8	HK\$880.00	HK\$792.00
	2STC102			初班/中班 Beginner/ Intermediate	1000~1100			
	2STC103			初班/中班 Beginner/ Intermediate	1100~1200			
	2STC104			初班/中班 Beginner/ Intermediate	1400~1500			
	2STC105			初班/中班 Beginner/ Intermediate	1500~1600			
	2STC106			初班/中班 Beginner/ Intermediate	1600~1700			
	2STC107			初班/中班 Beginner/ Intermediate	1700~1800			
	2STC108			幼兒班/初班/中班 Toddler/Beginner/ Intermediate (專線)	1800~1900			
	2STC201			週三、週五 Wed & Fri	5/8, 7/8, 12/8, 14/8, 19/8, 21/8, 26/8, 28/8			
	2STC202	初班/中班 Beginner/ Intermediate	1000~1100					
	2STC203	初班/中班 Beginner/ Intermediate	1100~1200					
	2STC204	初班/中班 Beginner/ Intermediate	1400~1500					
	2STC205	初班/中班 Beginner/ Intermediate	1500~1600					
	2STC206	初班/中班 Beginner/ Intermediate	1600~1700					
	2STC207	初班/中班 Beginner/ Intermediate	1700~1800					
	2STC208	幼兒班/初班/中班 Toddler/Beginner/ Intermediate (專線)	1800~1900					

學費已包括入場費 Entrance fee included

如有任何問題,請聯絡楊教練(9040 3204)及欣欣教練(9388 6622) For inquiry, feel free to contact Mr Yang (9040 3204) or Miss Lorraine (9388 6622)

優惠計劃 Promotions

- 1) 四人同行, 一人免費 4 join and get 1 free
- 2) 參加泳班兩期課堂學員, 可享有學費9折優惠。10% discount for signing up 2 days class
- 3) 參加三班課堂可有8折 20% discount for signing up 3 classes
- 4) 15/6 前報名可9折學費優惠 Sign up before 15/6 will have 10% discount
- 5) 舊生優惠: 凡介紹一名新生參加, 可減學費\$100 \$100 fee reduction for old student to introduce a new student to class

以上優惠不能重覆 The above promotions cannot be repeated

***補堂 Make up class**

如有事假及病假必需在上課前一小時通知有關教練(補堂只可在該期補, 時間由教練安排)。中途退出或缺席概不設補課, 亦不能轉讓他人。

Sick leave: Please notice the coaches one hour before the class starts. Make up class will be arranged by the coaches.

Withdrawal or absence without notification will not have make up class. Classes are not transferable.

東涌分隊成人泳班時間表 Adult Class (7-8月) Jul - Aug

月份	班號	星期	日期	班別	時間	堂數	價錢
7-8月 Jul - Aug	ATC01	週三 Wed	8/7, 15/7, 22/7, 29/7, 5/8, 12/8, 19/8, 26/8	成人班 Adult	19:30~20:30	8	\$880
	ATC02	週五 FRI	3/7, 10/7, 17/7, 24/7, 31/7, 7/8, 14/8, 21/8, 28/8	成人班 Adult	19:30~20:30	9	\$990